

Christin Collins



INTERCONNECTED WELLBEING ADVOCATE | SPEAKER
AUTHOR | GLOBAL THOUGHT LEADER | EXECUTIVE COACH
PURPOSE PRACTITIONER | PODCASTER

SPEAKER PROFILE

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ABOUT CHRISTIN

Christin Collins is a magnetic, thought-provoking influencer, a certified workplace mindfulness facilitator, and an executive coach. As a certified holistic coach, author of two books, including her latest release "be. love." in June 2024, and a national speaker, Christin supports the journey toward optimal well-being by shedding light on the mind/body connection, the effects of trauma healing, and the toxicity stress has on the physical body. She shared this message at the 2022 TedX Westshore conference in Tampa, Florida.

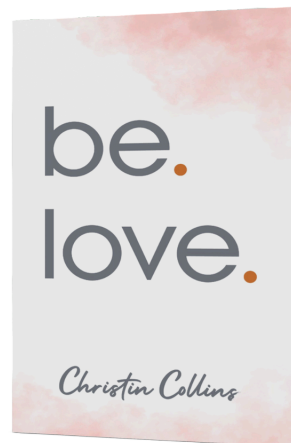
Christin is also the co-founder of the Root Cause Healing Movement. With a background in healthcare leadership, her journey includes serving as System Director of Health & Wellness and Senior Director of Development at a prominent Southwest Florida healthcare system. She's held significant roles such as the vice-chair of the Global Positive Health Institute Board of Directors and was a former member of the American College of Lifestyle Medicine Happiness Science & Positive Health Committee. Christin's rich experience and passion for well-being make her a truly transformative force in the field.

PODCAST

- Find the Spark Within TM
- Clarity Chats with CC TM
- RawRealTalks TM - Instagram Live



AVAILABLE ON AMAZON



TESTIMONIALS

“ Christin helped me realize that while it's important to take care of others, taking care of myself is also important and necessary. She also gave simple examples of how to do that. ”

“ Inspiring and thought provoking on the how to be a transformational leader that understands the impact of self awareness and self transformation. ”

“ It is very relevant and inspirational especially in today's world. ”

“ It was great to have such inspirational leaders speak, inspire, enlighten all with incredible tools to make a difference and motivate others. ”

“ Christin grounds you to find deep down what's in your heart and how to mindfully become the leader you've always wanted to be. ”

“ Powerful Most leadership conversations gravitate around profiling leaders, this conversation help me be learn to be an authentic leader ”

Why Book Christin For Your Next Event?

**Click to view Christin's
TEDx and Speaker Reel**



CORPORATE KEYNOTE PROGRAMS



“When employees are happy, they are your very best ambassadors.” James Sinegal

Corporate Wellness & Mindfulness

Christin collaborates with organizations of all sizes to ignite a sense of awakening in their employees, leaders, and stakeholders. Through engaging live in-person events such as keynote addresses, lunch 'n learns, and interactive workshops, she draws upon her personal journey to spark curiosity and unveil inner wisdom. With authenticity and simplicity, Christin shares her narrative and imparts powerful lessons that encourage individuals to explore the transformative impact of self-love on their path to optimal well-being. Among her most sought-after offerings are:

- The Foundation for Transformational Leadership
- 7 Steps to Rediscover Your Authentic Self
- From Frazzle to Dazzle: How to Avoid Burnout and Inspire Others
- Work-Life Balance...You Can't Pour From an Empty Cup

To book Christin to speak at your next event, please contact Gail Lamarche, Christin's Director of Marketing, at gail@christincollins.com.