

# RAPID EMPOWERMENT WORKSHOP

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Tuesday, August 16, 2022 5:30 pm - 7:00 pm

Collaboratory 2031 Jackson Street Fort Myers, FL 33901

\$45 - Attend Live \$35 - Attend Virtually

Join special guest Jamie Linn Stuart, a Rapid Empowerment Coach and Rapid Transformational Therapy Practitioner, for an informational workshop on how we can all take control of the thoughts that are holding us back from being the best version of ourselves with a healing session.

## "It only takes 17 seconds for a thought to create enough energy for manifestation." Abraham Hicks

#### What is Rapid Empowerment Coaching?

Rapid Empowerment Coaching is a process of reprogramming the thoughts, perceptions, and pictures in your head, creating new emotions and desires, which in turn will create new behaviors. Our goal working together is to create a radiant life with thoughts of empowerment and stability, allowing you to live a life of joy, confidence, happiness, and ease. This results in your ability to nurture healthy relationships, have clear communication, break away from fears that hold you back, face challenges head-on, boost confidence and self-esteem, acquire peace and clarity, and be the best version of yourself.



Jamie Linn Stuart RTTP C.HYP





### Who is Jamie Stuart?

Jamie is a passionate Rapid Empowerment Coach, Rapid Transformational Therapy Practitioner, and Certified Hypnotherapist. She shares her coaching, various training and experiences with a global audience via coaching, digital courses, public speaking engagements, and powerful 1:1 Rapid Transformational Therapy sessions to help others live their best lives.

#### Results of working with Jamie

- · Feel liberated and becoming your best self
- Nurture healthy relationships
- Deliver clearer communication
- Break away from fears and barriers
- Stop what is holding you back
- Face challenges head-on
- Achieve peace, calm, and clarity
- Boost confidence and self-esteem
- Accept abundance and hold on to it

