

# Love and Leadership: Inspiring Change and Healing

*Unlocking the Power of Compassionate Leadership  
to Transform Lives and Organizations*

**October 29, 2024 | 5:30 pm - 7:30 pm**  
**Workscapes, 1173 North Orange Avenue, Orlando**  
*Complimentary Valet Parking*



**CHRISTIN COLLINS**



**DR. JEFFREY KUHLMAN**



**ROBERT "NAVY BOB"  
RONCSKA**



**TRACY ZBORIL, M.S.W.**

In times of unprecedented challenges, leading with love shines as a beacon of hope and resilience. Join us for an evening with extraordinary leaders as they share their insights on love and leadership. Learn how compassionate leadership drives organizational success, personal fulfillment, and community healing.

Don't miss this unique opportunity to be inspired and connect with like-minded leaders dedicated to a better future. Reserve your spot today to transform your leadership approach and take the first step towards creating a future where empathy and leadership go hand in hand.

Together, we can inspire change, foster healing, and build a brighter, more resilient tomorrow.

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# MEET OUR PANELISTS



## **Christin Collins, Panelist**

Christin is a visionary global thought leader, executive coach, and champion of interconnected well-being. Certified in workplace mindfulness and holistic coaching, she has dedicated her career to promoting optimal well-being through the mind/body connection, trauma healing, and stress management. As the author of “be. love.” and a dedicated philanthropist, Christin has made a significant impact on individuals and communities. She serves as vice-chair of the Global Positive Health Institute and is a member of the American College of Lifestyle Medicine’s Happiness Science & Positive Health Committee. Christin's holistic approach and dynamic speaking style make her a powerful force for change in the field of well-being.

## **Dr. Jeffrey Kuhlman, Panelist**

Dr. Jeffrey Kuhlman served as a naval physician for thirty years, supporting the White House for the last of those sixteen years. He served President Clinton as a Marine One flight surgeon; President Bush as a White House physician, Camp David physician, flight surgeon aboard Air Force One, and director of the White House Medical Unit; and President Obama as the physician to the president. In 2013, Dr. Kuhlman joined the physician executive leadership team at AdventHealth, one of America’s largest faith-based health systems, serving as a chief medical officer. Since 2019 he has served as the corporate chief quality and safety officer.



## **Robert “Navy Bob” Roncska, Panelist**

Robert “Navy Bob” Roncska is a former naval officer who served as the White House Naval Aide from 2006 to 2009 and commanded the USS Texas nuclear submarine, transforming it into a top performer through his leadership approach centered on empathy and compassion. He is the author of “Beyond the Sea: Leading with Love from the Nuclear Navy to the White House and Healthcare,” which blends leadership lessons and personal anecdotes from his naval career, time at the White House, and subsequent work in healthcare. Known for his philosophy of “leading with love,” Navy Bob emphasizes the importance of genuine, caring relationships in achieving organizational success and personal fulfillment.

## **Tracy Zboil, M.S.W., Moderator**

Tracy Zboril, MSW and Cara Hewett, MA, seasoned psychotherapists, have become experts in how to affect changes in human behavior through decades of experience in the field of mental health. Being on the cutting edge of breakthroughs in their field and that of neuroscience, they have shifted their focus to the powerfully quick and effective use of tools stemming from theorems of neuroplasticity. Through their comprehensive and evidence-based approach, they developed an online therapeutic technique, are authors, speakers, and workshop facilitators, all aimed at reprogramming the mind for positivity. Their work has already changed the lives of high performing athletes, C suite executives, and employees within various industries. In the spirit of wanting to reach a larger scale audience, they are excited to introduce their latest development of the Mind Pod, a therapeutic enclosure aimed at innovative stress reduction and wellbeing in the work place and beyond.



**Seating is Limited! Please RSVP by October 22, 2024**